

VEGETARIANO

Right here in Porto, 100 years ago, there was an “Utopian Community” that aimed to change the world through vegetarianism, vegetalism and frugivorism with the publication of *O Vegetariano: Mensário Naturista Ilustrado* in 1909.

On the map you will find that this was no small community. The pins represent a vast network comprised of the periodical’s readers, naturist doctors, stores, hotels and restaurants across the country, that all subscribed to the vegetarian message.

Scan the QR code to access this searchable database where all publications are indexed.

